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## **Zand, Debra**

Debra Zand, Ph.D. is a licensed clinical psychologist and tenured Associate Professor of Pediatrics at Saint Louis University, School of Medicine, General Academic Pediatrics. Her research focuses on how individual factors interact with environmental influences throughout the developmental course of childhood to influence positive adaptation among children and their families. Specifically, she investigates processes that foster resilience in marginalized populations of children from birth through emerging adulthood and applies this knowledge to the development and/or adaptation of early intervention/prevention programs. Over her career, Dr. Zand has been the principal investigator of multiple, longitudinal federal grants. Her research has been published in high tier academic journals, and she has served on several local, regional and national committees aiming to improve the lives of children and their families.