

Fredericks, Emily

Emily M. Fredericks, Ph.D. is a Clinical Associate Professor of Pediatrics within the Division of Pediatric Psychology at Michigan Medicine, with a joint appointment in the Child Health Evaluation and Research (CHEAR) Center. Dr. Emily Fredericks received a bachelor's degree from St. Mary's College, Notre Dame, and a doctoral degree in Clinical Psychology from Western Michigan University. Prior to joining the University of Michigan faculty, Dr. Fredericks completed a pediatric psychology internship at Duke University Medical Center, and a fellowship at the University of Michigan, C.S. Mott Children's where she continued specialized training in pediatric psychology and pediatric solid organ transplantation.

Currently, Dr. Fredericks serves as a member of the pediatric liver transplant team at Michigan Medicine. She works collaboratively with all members of the transplant team to promote coping, foster quality of life, and address transplant-related challenges, such as adherence to treatment regimen, anxiety related to procedures/treatment, and transition to adult care. Dr. Fredericks' areas of research focus include: medication adherence and self-management among pediatric transplant recipients, patient and family adjustment and quality of life in pediatric solid organ transplantation, familial impact of childhood chronic illness, and mobile health technology to promote positive health behaviors.